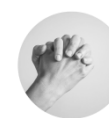




# 31 Ways To be pro-Abundant Life



It can be difficult to be Pro-Abundant Life in a pandemic. We have gathered some ideas for you to live out in our community. A few are as simple as saying a quick prayer, while others will require planning or financial donation. Feel free to tackle them in whatever order you're most comfortable with, and add your own!



## PRAYER

- Pray for women who are just discovering they are pregnant.
- Pray for the Young Lives ministry which serves young moms, dads, and babies
- Pray for the women who call Option Line and for the coaches who are on the line talking to them about their unplanned pregnancy.
- Pray for the staff & volunteers at CPC.
- Pray for other Life Affirming ministries
- Pray for women and men making pregnancy decisions right now. Pray they will choose LIFE for their unborn child.
- Pray for women who are being pressured to abort their baby by a parent, partner or employer - that they will have the courage to choose LIFE.
- Pray for the newly elected President and Vice President. Pray for the Lord to guide them this next four years.
- Pray for pregnant women who are victims of domestic or intimate partner violence, who are likely in more danger during COVID.
- Pray for CPC's Dadhood coaches
- Pray for our local abortion clinic and the women and men who work there.
- Pray for the upcoming 40 Days For Life
- Pray to consider whether God might be calling you to volunteer at CPC



## EDUCATE

- Request a Pro-Abundant Life booklet from CPC
- Watch CPC's story videos
  - Raven's Story
  - Cody's Story - Dadhood
  - Anastasia's Story
- Share the story video you watched yesterday with your friends. And recommend they watch another one and share with their friends.
- Take Greg, our Executive Director out to lunch to learn more about CPC and how you can get involved.
- Share why you support the Community Pregnancy Center on your social media.
- Educate your friends about what CPC does and our mission
- Watch CPC's Sanctity of Human Life video



## HELP

- Offer a single parent child care from your church
- Donate items to Clare House for the women and children who have taken shelter there
- Offer a night of childcare for a couple with a new baby.



## CHURCH

- Talk to your pastor about becoming a Church Connector
- Talk to your church about supporting CPC



## SUPPORT

- Offer your professional skills in IT, Social Media, Blogging, Graphic Design, Snow Plowing, etc to CPC.
- Call CPC and ask what material donations they need - like diapers, wipes, baby wash - and collect them.
- Buy gift cards and donate them to CPC for the women, men and families we serve
- Make a donation to CPC



## WRITE

- Write CPC a card of encouragement
- Write a letter of encouragement & thanks to a local Pro-Life elected official

